City of Socorro

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Volume 5, No. 9 September 2012

What are YOU doing this fall to keep fit?

How about playing a little baseball, or flag football, or doing some yoga or participating in an aerobics class?

"We're trying to keep the community active, build the community stronger," says Josh Kerns of Instinctive Recreation Activities of Belen. He's been contracted by the City to do just that by putting together recreation programs that appeal to youth and adults alike.

Beginning the week of September 10-17, Socorro youth can participate in baseball or flag football. The games will be held Monday through Thursday evenings at Sedillo Park with the start time determined by the number of teams. The 5-8 year old baseball division will use a pitching machine while the 9-13 year olds will adhere to regular Little League-type rules. The football divisions consist of ages 6 and 7, 8 to 10, and 11-13.

Kerns would like to see 4 teams per division: a lofty goal considering AYSO Soccer is also offered in the fall. "It's good to have choices," says Kerns.

Another choice offered to Soccoro youth is an after school youth fitness program at Finley gym where kids work on hand/eye coordination, footwork, and endurance. During a pilot program he supervised this summer, Kerns says one child lost 15 pounds and another lost three inches off his waist. It's a great confidence builder and a way to combat childhood obesity.

Employee Anniversaries

Stephanie Saavedra20 yearsRay Aragon5 yearsMichael Benavidez5 yearsJeanette Lukesh5 years

Kerns also is working with the schools to start an NFL Punt, Pass and Kick competition. Watch the local paper for information as this program develops



Kerns works with members of the Dodgers baseball team after school.

AND FOR ADULTS...

Coed softball takes off this fall. Kerns is hoping for 6 to 8 5-men-5-women teams. "It would be a great start," he says. The registration fee is \$225 per team and forms can be picked up at Finley gym or at Sedillo Park during the current baseball program.

Kerns is the coordinator of the new programs, but it takes many more people to make the program work. He's looking for instructors certified in yoga and/or aerobics to offer more adult classes. Coaches and referees will be needed as well. If you are qualified or interested in helping, you can contact Kerns at Finley gym.

The program is funded by the City of Socorro with some equipment and supply donations from New Mexico Tech, the New Mexico Fire Academy, and numerous parents and community members.

City Council

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